

CURRICULUM VITAE
RICHARD A. ELBERT, D.C.
622 Burnett Avenue, P.O. Box 1728
Ames, IA 50010-1728

Education:

Bishop Garrigan High School, Algona, IA
Iowa State University
Palmer College of Chiropractic – Degree: D.C. 1977
Palmer College of Chiropractic – Degree: B.S., 1977

Professional Licensure:

Iowa State Board of Chiropractic Examiners: License #4631, 5/24/1978
Colorado State Board of Chiropractic Examiners: License #1295, 1/28/1978
Inactive as of 1/1/2014
Wisconsin State Board of Chiropractic Examiners License #3862, 7/30/2002

Diplomats and Certificates:

Certified in X-ray, Palmer College of Chiropractic
Certified in Gonstead Chiropractic Technique
Gonstead Clinical Studies Society
Diplomat – National Board of Chiropractic Examiners
Passed SPECIAL PURPOSES EXAM for Chiropractic, 2002

Professional Membership:

Iowa Chiropractic Society
Gonstead Methodology Inc.
Gonstead Advanced Technique
Gonstead Clinical Studies Society

Professional Positions Held:

Political Action Committee, Iowa Chiropractic Society, 1994-1996; 2002-2004
Board of Directors, Iowa Chiropractic Society, 1993-1996
Treasurer of Gonstead Advanced Technique 1990-1993
Chairman of Grass Roots Committee for ICS 2005-2007
Chairman of the CS Gonstead Foundation 2005

Community Memberships, past and present:

Ames Jaycees
Kiwanis Club
Ames Evening Lions – Past President 1998
Model Railroading Club
Gilbert Education Foundation 1997-2003, President 1999-2001 & 2003
Ames Morning Rotary Club
Ames, Chamber of Commerce
Boone County Economic Development
Ogden Housing Committee

Ogden Alumni Association Fundraiser Chair
Ogden Lions Club

Awards:

Chiropractor of the Year – 1985, Gonstead Advanced Technique

Silver Hawk Award – 1987 Gonstead Research

State of Iowa, Governor's Volunteer Award, October 26, 2000 for work with Gilbert HS
Education Foundation

Palmer College of Chiropractic Award, in recognition of his outstanding participation in
the Alumni Student Recruitment Program of Palmer College of Chiropractic, August
10th, 2000.

2001 – Recipient of the On Purpose Award, sponsored by Chiropractic Leadership
Alliance.

2007- Chiropractic Distinguished Quality Service Honor 5 Star Award from Integrity
Management

Dr. Elbert has lectured at:

Life Chiropractic College West, San Lorenzo, CA

Northwestern Chiropractic College, Bloomington, MN

New York Chiropractic College, Seneca, NY

Iowa Chiropractic Society convention

Japanese Chiropractic Research Association, Osaka, and Tokyo, Japan.

Sherman Chiropractic College, SC

Gonstead Clinical Studies Society

Gonstead Methodology, Inc

Gonstead Advanced Technique

Life College of Chiropractic, Atlanta, GA

Gonstead Clinic, Mt. Horeb, WI

Palmer College of Chiropractic, Port Orange, Florida

Logan Chiropractic College, St. Louis, MO

Gonstead Methodology Seminar, Switzerland

GCSS Seminar, Holland

Anglo American Chiropractic College; Bournemouth, England

Published Works:

“Pediatric Chiropractic” by Anrig and Plaughter, 1998, contributing author

Gonstead Clinical Studies Society, contributing author of several articles

Developed “How to Lift Properly” for Crouse Cartage Company, (slide presentation)

Patented a “Back Support Truck Seat”, 1978

Journal of Manipulative and Physiological Therapeutics, Volume 27, Number 3, March-
April 2004

Journal of Manipulative and Physiological Therapeutics, Volume 27, Number 5, June
2004

Post Graduate Education:

Erhardt Advanced X-ray seminars

Dr. Larry Allen's Pre-employment Screening program

National Chiropractic College Sports Injury Program

Parker Chiropractic Research Society seminars

Gonstead Research Society Seminars

Gonstead Methodology Seminars

Gonstead Seminars of Chiropractic
Whiplash, The Masters Program by Spine Research Institute of San Diego
Waiting List Practice Seminars
Post Graduate continuing education seminars, yearly
Certified Red Cross instructor for "Protect Your Back" program

Past and Present Professional Membership:

International Chiropractic Association
Colorado Chiropractic Association
Iowa Chiropractic Society
Gonstead Methodology seminars
Gonstead Seminars of Chiropractic
Whiplash, the Masters Program by Spine Research Institute of San Diego
Waiting List Practice seminars
Gonstead Clinical Studies Society
The Masters Circle
Kats/Integrity Management
RMEF Iowa State Chair 2007-2013

Revised 9/2014