

Curriculum Vitae

**Mark K. Werking, D.C, D.A.C.B.N., D.I.B.E.C., C.C.S.P., C.C.R.P., C.C.N.,
F.I.B.E.C., F.G.C.S.S.**

BUSINESS ADDRESS

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EDUCATION

Arlington High School
Arlington Heights, IL
1968-1970

Indiana State University
Terre Haute, IN
1972-1974

Nicolet High School
Milwaukee, WI
1970-1972

Palmer College of Chiropractic
Davenport, IA
Doctor of Chiropractic, 1977

Culver Military Academy
Culver, IN
Naval Commission, 1967-1970

LICENSURE

State of Illinois, 1978-present
State of Indiana, 1983-1989

EDUCATIONAL HONORS AND HIGHLIGHTS

- Member of Gonstead Club, Palmer College of Chiropractic
- X-ray Intern at Palmer College of Chiropractic Clinic - 1976
- Head X-ray Intern at Palmer College of Chiropractic Clinic - 1977
- Clinic Intern at Palmer College of Chiropractic Clinic - 1976
- Head Clinic Intern at Palmer College of Chiropractic Clinic - 1977
- Outstanding Clinic Service Award at Palmer College of Chiropractic Clinic -1977
- Department Assistant in Palmer College of Chiropractic Technique Department - 1977

EDUCATIONAL HONORS AND HIGHLIGHTS, CONT.

- Listed in Who's Who in American Colleges and Universities - 1977
- Listed in Who's Who of American Professionals
- Member of Roetgenological and Technological Society of Palmer College of Chiropractic
- Member of the President's Club, Palmer College of Chiropractic
- Member of Illinois Club, Palmer College of Chiropractic

POSTGRADUATE STUDY

National College of Chiropractic Lombard, IL

Radiology, 1981 - present (Approximately 450 classroom hours completed)

Board eligible for Diplomate status on the American Board of Chiropractic Roetgenologists (300 hours required)

United Back School Lincoln, NE - 1987

Southeast Back Institute Roswell, GA - 1987

Palmer College of Chiropractic Davenport, IA

Graduate x-ray study in the specialty of spinal and skeletal disorders, 1977, 1988, under Dr. Russell Erhardt, D.C., D.A.B.C.R. (150 hours)

Born To Win Leadership Conference Zig Ziglar - March, 1986

Symposium on Biomechanics/Nautilus Rehabilitation
Dr. Stan Phlagenhoef, 1982, 1984, 1986, 1990

The Challenge of the Lumbar Spine
New York, NY - October 1987
Sponsored by UMDNJ - New Jersey Medical School - Newark NJ

Symposium on Biomechanics - MEDX Rehabilitation
Dr. Dave Carpenter, University of Florida - 1990

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Chiropractic Rehabilitation Association

Rehab 1989-present, Peoria, IL

Graduate study in chiropractic rehabilitation (100 hours)

Certified Chiropractic Rehabilitation Physician (current)

National College of Chiropractic

Graduate study in sports injury (100 hours) 1987-1988

Certified Chiropractic Sports Physician (current)

Diplomate Program (200 hours) 1992 - present

National College of Chiropractic

Graduate hours in Nutrition (350 hours) 1997

Certified Clinical Nutritionist 1997 - present

Diplomate of American Board of Chiropractic Nutritionists 1997 - present

CPR Certified since 1985 by American Red Cross to present

International Symposium on clinical nutrition- I.A.A.C.N., 1999, 2000, 2001,
2002, 2003, 2004, 2005, 2006, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016

American board of Chiropractic Nutritionist Symposium, 1999, 2000, 2001, 2002, 2003,
2004, 2007, 2011, 2014

PROFESSIONAL EXPERIENCE

Private Practice, Peoria, IL

1977 - present

Tournament Doctor

ASA Women's Fast-Pitch National Tournament

Pekin, IL, 1986 and 1988 (Medical Coordinator)

Team Doctor

Illinois Central College, Volleyball (1980-1990)

Women's Basketball/Softball (1980-1989) East Peoria, IL

ASA Women's Major Fast-Pitch Softball

Pekin Naturalettes, Pekin, IL, 1983-1992

Morton High School Athletics, Team Doctor

Morton, IL 1992 - 2014

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International Lecturer on Chiropractic Sports Injury & Advanced Extremity Care
Technique, 1989 - present

International Special Lecturer for the Gonstead Seminar of
Chiropractic, 1998 - present

Weekly Radio Show, "Chiropractic and Health" WPEO Radio
Peoria, IL, 1990-1995

Speaker, Parker Chiropractic Research foundation, 1997-2000

Team teacher, Dr. Karl Parker Seminars, 1999-2002

Weekly Television Show, "Chiropractic and Health" Insight
Cable Channel 22
Peoria, IL, 1996 - 2006

Author, Numerous Articles
Gonstead Clinical Studies Society International Journal, 1989 – present

Author, monthly article on sports injury and care, Total Sports Advantage, 2002 - 2004

Chapter Editor and Contributor, Extremity Chapter Text Book of Clinical Chiropractic by
Dr. Greg Plaughter, June 1993 Gonstead Seminar of Chiropractic on Website

Contributor, Pediatric Text Book, by Dr. Greg Plaughter & Dr. Claudia Anrig, 1999

Author, Working on Extremities , © September 2011, ISBN 978-1-4507-9027-7

Industrial Consultant
Bemis Bag Co.
Peoria, IL, 1993 - 2000

Industrial Consultant
Lynch Aluminum 2000 - 2014

Industrial Consultant
Peoria Charter Coach 1990 -2000

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Industrial Consultant
Pyles Trucking 1999 - 2009

Industrial Consultant
Fleming Packaging
Peoria, IL, 1990 - 2008

Industrial Consultant
ALCOA
Princeville, IL, 1994 - 2002

Medical Coordinator
Race for the Cure (largest women's race in America) Peoria,
IL, 1986 - 2000

Medical Coordinator
Spirit Run
Peoria, IL, 1990 – 1998

Wellness Coordinator, Peoria County Sheriff's Dept., 2002, 2003

Wellness Coordinator, Peoria Police Dept., 2011- present

Member of Medical Staff United States Power lifting Federation, 1990 - 2008

Member of Medical Staff World Power lifting Federation, 1990 - 2008

Member of Medical Staff
International Power lifting Federation, 1990 - 2008

Attending Chiropractor, Olympic Games, 1996
Weightlifting Venue
Adjunct Professor
Illinois State University
Athletic Training Department
Bloomington, IL, 1986- present

Author of articles for the Extremity & Nutrition section of the Gonstead Seminar website
2000 - present

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Medical Coordinator for the L.P.G.A. Tour, Weaver Ridge Golf Club, Peoria, IL
September, 2001, 2002, 2003

Associate faculty at Southern California University of Health Sciences
(Formerly Los Angeles College of Chiropractic) 2001 - present

Instructor for the International Pediatric Association, Diplomat Status, 2003 to 2005

Special presenter, International Pediatric Association, 2005 to present

Presenter, Palmer Gonstead Extravaganza, 1996, 1997, 2000, 2006, 2016

Special presenter, Life University, Marietta, GA, 2000 - present

PROFESSIONAL HONORS AND AFFILIATIONS

Member, Illinois Prairie State Chiropractic Association, 1978 - present

Chiropractor of the Year, District 8, Illinois Prairie State Chiropractic Association, 1982

President, Illinois Prairie State Chiropractic Association, 1981 - 1983

Alternate Delegate to I.P.S.C.A. (state level), 1984 - 1988

I.P.S.C.A. Liaison to the Nuclear Safety Board of Illinois, 1983 - 1987

Chairman, I.P.S.C.A. PPO Committee for Insurance, 1985 - 1988

X-ray Consultant to I.P.S.C.A Peer Review Committee, 1985 - present

I.P.S.C.A., Vice-President, District 8, 1994 - 1996

Member, Palmer College of Chiropractic International Alumni Association,
1977 - Present

Member, International Chiropractic Association, 1978 - present

Member, American Chiropractic Association, 1981 - present

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Member, ACA Council on Diagnostic Imaging, 1981 - present

Member, ACA Council of Sports Injuries and Physical Fitness, 1987 - present

PROFESSIONAL HONORS AND AFFILIATIONS, CONT.

Member, ACA Council on Chiropractic Physiological Therapeutics

Member, American College of Roentgenologist, 1982 - present

Member, American College of Sports Medicine, 1988 - present

Member, Gonstead Clinical Studies Society, 1979 - 2000, 2012- present

Diplomate, Gonstead Technique, 1983 - present

Member, Gonstead Clinical Studies Society Board of Directors, 1991 - 2000

Chairperson, Accreditation Committee, Gonstead Clinical Studies Society, 1993 - 2000

Vice-President, Gonstead Clinical Studies Society, 1996 - 2000

Fellow, Gonstead Clinical Studies Society, 1993 – present

Executive Fellow Board Gonstead Clinical Studies Society 2016- present

Fellow credentialing board Gonstead Clinical studies Society 2016- present

President, Gonstead Clinical Studies Society, 2000

Drug Control Committee of the United States Power Lifting Federation, 1989 2000

Advisor, Palmer College of Chiropractic Gonstead Club, Davenport, Iowa, 1990 - present

Member, Board of Directors, Associated Chiropractic Providers Inc, 1992- 1998

Appointee to Governor Jim Edgar's Illinois Board of Radiological Technologists
Accreditation Advisory Board, 1994 - 2000

Gonstead Commitment Award, presented by the Gonstead Seminar, 2000

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Master of ceremonies, 600th Gonstead Seminar of Chiropractic, Palmer Universities, Davenport, IA. September 21, 2001

National speaker and consultant, Shaklee corp. Atlanta, Ga. 2000, San Francisco, CA, 2001 - present.

National speaker for Bemmer Group Academies 2016 to present

Founder and director of the International Board of Extremity Chiropractors (IBEC)

“Werking on Wellness” Radio show WVEL Peoria, Illinois 2017

Chiropractor for the local run of the Broadway presentation of Kat’s 2004 & 2005

Chiropractor for Jay Goldberg productions, Professional Shows Local 1980- present

Associate Instructor - Los Angeles College of Chiropractic 2001 – present

Medical advisory board chairman Vox International 2018

CIVIL ASSOCIATION

Member, Boy Scouts of America, W.D. Boyce Council Award of Merit, Boy Scouts of America, 1989

Past Council Advancement Vice-Chairman of Boy Scouts of America, 1987 - 1989

Sponsor/Chairman, Explorer Post for Chiropractic, Boy Scouts of America, 1987 - 1989, 1996 - 1998

Member, Peoria Chamber of Commerce, 1987 - present

Member, Better Business Bureau, 1987- present

Peoria Board Member, Youth for Christ, 1988 - 1993

