

## **DR. STEVEN M. RINDAL**

Rindal Chiropractic Clinic, P.S.  
929 East College Way  
Mount Vernon, WA 98273  
(360) 424-1066

### **DOCTOR OF CHIROPRACTIC 2019 POST-DOCTORAL EDUCATION**

***Clinical Course Work:*** Adjusting Techniques, Spinal Outcome Assessments and Diagnostics, Paraspinal Surface Electromyography (certified 1988), Pre-employment Spinal Assessment, Comparative Computerized Muscle Testing (certified 1988), Video Fluoroscopy (certified 1988), Chiropractic Orthopedics, Chiropractic Spinal Rehabilitation Diplomate course, Chiropractic Pediatrics Diplomate course (Board Eligible 2000), Analysis and Adjustment of the Extremities, Chiropractic Neurology, Clinical Nutrition, Specialized Upper Cervical Analysis and Adjusting Methods, Kinesiology, Radiology - including 3-D imaging of the neck, Physical Impairment Ratings utilizing the *AMA Guides to the Evaluation of Permanent Impairment* (certified 1982), Whiplash Masters Program (certified 1998), Disc Injury Correction and Management, Analysis and Management of Spinal Motion Segment Instability.

***Colleges and Institutes:*** Washington State Spinal Health Institute, Spine Research Institute of San Diego, Life Chiropractic Colleges - Georgia & California, Los Angeles Chiropractic College, National College of Chiropractic, Physicians Academy of Advanced Diagnostic Procedures, Texas Chiropractic College, Western States Chiropractic College, Palmer Chiropractic Colleges - Iowa & California.

### **EDUCATION**

- Doctor of Chiropractic, Palmer Chiropractic College, Davenport, Iowa, *summa cum laude*, class president, class valedictorian, president Chiropractic Society of Iowa student chapter, Student Council member, president Pi Tau Delta Honorary Scholastic Society, 1972.
- Bachelor of Science, Palmer Chiropractic College/University of Iowa, Davenport, Iowa, 1972.
- Licensed to practice in Iowa state 1972
- Licensed to practice in Washington state 1972 - present.

### **PROFESSIONAL EXPERIENCE**

***Chiropractor:*** Rindal Chiropractic Clinic, P.S., Mount Vernon, Washington, 1972 - present. Over

forty six years in private family practice utilizing the Gonstead method of chiropractic and serving the greater Western Washington area and beyond to other states and some countries, caring for the full spectrum of chiropractic patients, including those having motor vehicle accidents and on the job injuries and geriatric patients. Specializing in disc problems, spinal cord dysfunction related to spinal injury, loss of strength, loss of balance, post-surgical and post-fracture problems of the spine, acute, chronic, degenerative and other spinal and extremity trauma cases. Well experienced to care for expectant mothers and pediatric patients from birth throughout the growing years.

***Authorized Insurance Provider:*** Insurance programs including: Washington State Department of Labor and Industries, Washington State Crime Victims Fund, Regence Blue Shield, Medicare and Railroad Medicare.

***Instructor:*** Gonstead Advanced Technique, Inc., Gonstead Methodology Institute, Gonstead Clinical Studies Society and Rindal Seminars, Inc. 1978 - present. Taught a large number of post-doctoral chiropractic courses based on the Gonstead Technic throughout the United States in x-ray technique and interpretation, spinal biomechanics, motion and static palpation, various diagnostic instrumentation, clinical neurology, diagnostic analysis, adjusting technique and case management of the spine and extremities. Clinical consultant to other Chiropractors on problem cases.

### **HONORS**

Award of Merit, Palmer Chiropractic College  
Gonstead Advanced Technique, Outstanding Accomplishment Award  
National Gonstead Research Society, Humanitarian Award

### **PROFESSIONAL AFFILIATIONS**

International Chiropractors Association  
National Gonstead Research Society - Charter Member  
Gonstead Clinical Studies Society - Board Member, Diplomate Status,  
Elected to the College of Fellows and serving as its Chairman  
National Academy of Research Biochemists  
Washington State Chiropractic Association  
International Chiropractic Pediatric Association  
International Chiropractic Association Pediatric Council  
Diplomate National Board of Chiropractic Examiners  
Northwest Washington Chiropractic Independent Practitioners  
Association, founder and initial President

### **PERSONAL**

Born and reside in Mount Vernon, Washington. Married with three children and five grandchildren.