

**Gonstead Meeting of the Minds-XVI**  
**“Heart Rate Variability and Advanced Case Management”**

October 26-27, 2019

Sponsored by the Gonstead Clinical Studies Society  
Hosted by Life University 1269 Barclay Circle, Marietta, GA 30060

**Seminar Schedule**

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**Saturday, October 26, 2019**

**Building CCE Room 127**

7:30 am	<b>Registration and sign-in</b>
7:50 am	<b>Welcome to MoM—XVI – GCSS President, J. David Currie, D.C.</b>
8:00 am—10:00 am (2 Hours)	<b>“HRV acquisition, interpretation and application for Gonstead Chiropractic”</b> What is Heart Rate Variability and why is it important? HRV metrics-what are we measuring? HRV neurology and spinal effects, HRV measurement, case studies, demonstration and Q&A. <b>Daniel D. Lyons, D.C.</b>
10:00 am—10:15 am	<b>15 minute break</b>
10:15 am—12:15 pm (2 Hours)	(Continued) <b>“HRV acquisition, interpretation and application for Gonstead Chiropractic”</b> What is Heart Rate Variability and why is it important? HRV metrics-what are we measuring? HRV neurology and spinal effects, HRV measurement, case studies, demonstration and Q&A. <b>Daniel D. Lyons, D.C.</b>
12:15 pm—1:00 pm	Brown Bag Lunch (included in registration fee)
1:00 pm—3:00 pm (2 Hours)	<b>“Sympathetic-parasympathetic dominance and its connection to heart rate variability”</b> Observations of eye accommodation in nearsighted patients and determining sympathetic-parasympathetic dominance and its connection to heart rate variability. Whole body effect of subluxation on the human nervous system. <b>Dennis M. O’Hara, D.C.</b>
3:00 pm—3:15 pm	<b>15 minute break</b>
3:15 pm—4:15 pm (1 Hour)	<b>“Advanced Case Studies: Acute Low Back Pain”</b> Two low back cases, complete with examination, x-ray findings, diagnosis, treatment regimen and prognosis. Presentation of the specific methodology for evaluating the sacroiliac joint, including physical exam and motion palpation findings for review and discussion. <b>J. David Currie, D.C.</b>
4:15 pm—5:15 pm (1 Hour)	<b>“Research Review”</b> A discussion regarding existing and upcoming scientific literature and developments that affect the chiropractic practice. Discussion to center around factors related to how projection error on plain film radiography may serve as a confounder to the clinician and ways that these confounders may be better understood especially as related to the pelvis. <b>Roger Coleman, D.C.</b>
5:15 pm	<b>Sign Out</b>

**8 Hours Saturday**

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**Sunday, October 27, 2019**

**Building CCE Room 127**

7:45 am	<b>Registration and sign-in</b>
8:00 am—10:00 am (2 Hours)	<b>“Pulse Wave Technology”</b> What is Pulse Wave and how is it relevant to my practice? How monitoring your patient’s Pulse Wave profile can benefit case management. <b>Perry Chinn, D.C.</b>
10:00 am—10:15 am	<b>15 minute break</b>
10:15 am—11:15 am (1 Hour)	<b>“Advanced Case Studies”</b> This presentation will show severe cases exhibiting various states of paralysis, how to find and confirm the source and the expected results with the correct x-ray analysis and specific Gonstead spinal adjustments. <b>Steven M. Rindal, D.C.</b>
11:15 am—12:15 pm (1 Hour)	<b>College of Fellows Panel</b> —Speakers will join to form a panel and discuss their clinical applications of the concepts presented during the weekend. Panel will direct for discussion comments and questions posed by doctors in attendance. A statement may be formed regarding any commonalities, consensus as well as distinctions between those doctors having many years of chiropractic clinical expertise.
12:15 pm	<b>Closing Remarks &amp; Sign Out</b>
<b>4 Hours Sunday</b>	<b>12 Total Hours CEU’s available for Saturday &amp; Sunday</b>

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**Other Activities**

**Friday, October 25, 2019**

1:00 pm—5:00 pm	<b>College of Fellows meeting</b>
5:00 pm—8:30 pm	<b>FREE hands-on adjusting workshop</b> —All students and doctors are invited to learn and tune up their adjusting skills. Afterwards, enjoy complimentary pizza and camaraderie with other great Gonstead doctors.

**Building CCE  
Room# 139**

**Saturday, October 26, 2019**

6:30 pm	<b>GCSS Board of Directors Meeting/Dinner</b> (Building CGUS in the Dining Room)
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**Registration:**

\$325 before October 1 (Add \$75 for CE Credits). Call 888-556-4277 or visit <http://gonstead.com/coming-events/>

**Suggested Area Hotel:**

**Hilton Atlanta/Marietta Hotel & Conference Center**

500 Powder Springs Street SW Marietta, GA 30064 [www.AtlantaMarietta.hilton.com](http://www.AtlantaMarietta.hilton.com)

For Reservations: Call the hotel directly at 888-685-2500 and identify yourself as being with the **GCSS** Group in order to receive the special group rate. Reservations can also be made online at [AtlantaMarietta.Hilton.com](http://AtlantaMarietta.Hilton.com) by entering **GCSS** in the **Group Code** field. All rooms are two beds for \$119. Breakfast buffet \$15.95, Continental Breakfast \$10 or order from the menu. No shuttle service to the school. Uber is \$30 from hotel to school.

**Local Airports:**

**Hatfield-Jackson Atlanta International Airport (ATL)**

6000 North Terminal Parkway, Atlanta GA 30320 ph.1-800-897-1910 <https://www.atl.com/>