

# CURRICULUM VITAE

## ANDREA CECCHI D.C., B.S. ICSSD

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### Date of birth

March 23, 1968

### Place of birth

Casale Monferrato (AL), Italy

### Academic studies

**1993: Bachelor of Science *cum laude* in Physiological Science and departmental honors** - University of California at Los Angeles.  
**1998: Doctor of Chiropractic *magna cum laude*** - Northwestern College of Chiropractic.  
**2004:** Completed the first full course in **Applied Kinesiology**.  
**2006: International Chiropractic Sport Science Diploma**  
**2007:** Completed the course **QA** in **Applied Kinesiology**.  
**2008:** Started the studies in **Functional Neurology**.  
**2013: Diplomate in Gonstead Method.** First Italian to achieve it.  
**2020: Diplomate in Board of Applied Kinesiology (DIBAK).** First Italian to achieve it.

### Professional Experience

**1998:** worked as a D.C. at the Thatcher Chiropractic Clinic in Minneapolis, MN USA.  
**1999-Present: private practice.** Currently the Studio Cecchi Chiropratici Associati has two chiropractors, a shiatsu and foot reflexologist and three employees.  
**2000-2002: President of the AIC (Associazione Italiana Chiropratici) School Committee.**  
Began to cooperate as a chiropractor with Rari Nantes Torino (one of the best swimming clubs of Italy)  
**2001:** Became the **first chiropractor in Italy to be officially recognized as a member of the medical staff of a professional swimming club:** Rari Nantes Torino.  
**2002:** Elected **2° Vice-President of the AIC.**  
**2003-2011:** Became **1° Vice-President of the AIC.**  
**2003:** Became observer for Italy at the ECU.  
**2003-2004: ECU Working Party.**  
**2004:** After a strenuous political mediation with the Italian swimming federation officials became their **official chiropractor at the Athens Olympic Games.** One of two chiropractors of Italy to be called at the Olympic Games, and one of the very few chiropractors with access to the Olympic venues and village.  
**2004-2006: President of the Scientific Committee of the AIC**  
**2005: ECU representative of Italy.**  
- **Italian National Team Chiropractor** for the Swimming World Championships in Montreal.  
- **Italian National Team Chiropractor** for the Swimming European Championships in Trieste.

- **Lecturer at a Convention of Coaches** organized by the Italian Swimming Federation on shoulder problems.

**2006: Italian National Team Chiropractor** for the Swimming European Championships in Budapest.

- **Italian National Team Chiropractor** for the Swimming European Championships in Helsinki.

- **Lecturer at La Sapienza University of Rome** on a low back pain convention.

**2007: Italian National Team Chiropractor** for the Swimming World Championships in Melbourne.

- Encharged of the **Italian Parker Seminar 2008** for the **Academic organization.**

- Encharged of the **ECU convention 2009** for the **Academic organization.**

- **Scientific cooperation** with the specialized magazine “**La Tecnica del Nuoto**”

**2008: Italian National Team Chiropractor** for the Swimming European Championships in Eindhoven.

- **Lecturer at a convention in Torino** on low back pain and noninvasive imaging, valid for medical continuing education credits.

- Selected as the **Italian National Team Chiropractor for the 2008 Beijing Olympic Games**, could not participate for personal reasons.

- **Lecturer at the AIC semi-annual seminar for continuing education hours** on Vertebro-Basilar Arteries risks and accidents.

**2009: Lecturer at the ECU convention in Alghero** “Specific Shoulder Evaluation in Swimmers” and on “Sciatica and Low Back pain: Evaluation and Treatment”.

**2010: Assistant Lecturer** of Doctor Pennebaker in the **Advanced Gonstead Technique Workshop** at AECC

- **Lecturer at the Turin Convention “Lo Sport nel Lavoro: come Migliorare la Qualità Lavorativa con l’Attività Sportiva”** (Sport in the Work Field: How to Improve Job Quality with Physical Activity)

- **Lecturer participant at the Zurich ECU convention conclusive round table** as an “**Expert representing Doctors of Chiropractic.**”

**2010-2011: President of the AIC School Committee.**

**2011: Teacher at the AIC Seminar: “Principles and Phylosophy of the Gonstead Techniques from the Beginning till Today”**

- **Assistant Teacher of Dr. Shafer** of a series of 2 seminars in Bologna on **AK.**

**2013: Assistant Teacher of Dr. Shafer** of a series of 6 seminars in Bologna on **Advanced AK.**

**2014-2017: Assistant Teacher of Dr. Shafer** of a series of sport seminars in **Gent, Belgium.**

**2017: Associate Member of Wellness Champions group**

- **Associate Member of Concussion Roulette group** specializing in **Concussions.**

- **Assistant Teacher of Dr. Seru** for the “**First Visit**” seminar series in **Paris, France.**

**2018: Assistant Teacher at the Convention on Whiplash injuries and Cervical herniated discs** at l’IFEC (Institute French-European of Chiropractic)

**2019: Assistant Teacher at the Applied Kinesiology Convention on rehabilitation following Concussion and Brain Injury** at Evexia in Thessaloniki, Greece.

- **Professor in the Gonstead method: a 7-seminar series** in **Torino, Italy.**  
**First and only professor in Italy on this subject.**

- Lecturer at the International Academy of Osteopathy in Frankfurt, Germany, on Manipulative Techniques: a comparison between Osteopathy and Chiropractic.

- 2020: Professor in the Gonstead method, series 2: a 7-seminar series in Torino, Italy.
- 2020: Professor in the Gonstead method, series 3: a 7-seminar series in Barcelona, Italy.
- 2021: Professor in the Gonstead method, series 4: a 7-seminar series in Torino, Italy.
- 2021-Pres.: Professor in the Gonstead method at Barcelona College of Chiropractic.
- 2021: Professor in the Gonstead method, series 5: a 7-seminar series in Barcelona, Italy.
- 2022: Professor in the Gonstead method, series 6: a 7-seminar series in Torino, Italy.
- 2023: Professor in the Gonstead method, series 7: a 7-seminar series in Torino, Italy.
- 2023: Professor in the Gonstead method, series 8: a 7-seminar series in Paris, France.

#### Athletic Experience

- 1982-1986: **Italian national champion** at the Junior level, many times, mostly in the 100- and 200-meters breaststroke.
- 1983: **Won 3 bronze medals at the Junior European Championships in Mulhouse, France** (100- and 200-meters breaststroke and 4x100 m. medley relay)
- 1984: **Bronze medal in the 100 m. breaststroke** at the junior European Championships in Luxembourg.
- 1987-1994: **Italian national champion ten times** in the 100 and the 200 meters breaststroke. **National record holder** in the 100- and 200-meters breaststroke.
- 1987: **Finalist at the European Championships of Strasbourg.**  
**Two gold medals at the Military World Championships in Chianciano in the 100- and 200-meters breaststroke.**
- 1988: **After qualifying for the Seoul Olympic Games** was diagnosed with a heart medical condition and was declared unfit to compete in Italy. After very careful medical controls continued his swimming career at UCLA.
- 1990: **Regained the eligibility for Italy.**
- 1991: **NCAA Division I Champion in the 100 yards breaststroke.**  
**Fourth place at the European Championships in Athens and finalist at the World Championships in Perth.**
- 1992: **NCAA Champion 100- and 200-yards breaststroke.**  
**Participated at the Barcelona Olympic Games in the 100- and 200-meters breaststroke.**
- 1993: **Fourth place at the World University Games in Buffalo in the 100 meters breaststroke.**  
**Finalist at the European Championships in Sheffield in the 100- and 200-meters breaststroke.**
- 1994: **Finalist at World Championships in Rome in the 100 meters breaststroke.**

#### Military Experience

1986-1988: Served in the Guardia di Finanza.

#### Awards

- 1988: Awarded “Encomio Solenne” from the Guardia di Finanza for his merits during the military service of 1987.
- 1991: GTE All American award as one of the best student/athletes of the USA.

**Awarded a bronze medal for athletic merits by the Italian Olympic Committee**

**1992: Awarded the NCAA post graduate scholarship** as one of the top twelve students/athletes of the USA in the current year.

**1994: Awarded a bronze medal for athletic merits by the Italian Olympic Committee.**

**International Experience**

Lived in Iran from 1976 to 1977. Lived in the USA from 1988 to 1998.