

CURRICULUM VITAE
RICHARD A. ELBERT, D.C.
329 W Walnut Street
Ogden, IA 50212
515-275-4899

Education:

Bishop Garrigan High School, Algona, IA
Iowa State University
Palmer College of Chiropractic – Degree: D.C. 1977
Palmer College of Chiropractic – Degree: B.S., 1977

Professional Licensure:

Iowa State Board of Chiropractic Examiners: License #4631, 5/24/1978
Wisconsin State Board of Chiropractic Examiners License #3862, 7/30/2002
Colorado State Board of Chiropractic Examiners, currently inactive

Diplomats and Certificates:

Certified in X-ray, Palmer College of Chiropractic
Certified in Gonstead Chiropractic Technique
Gonstead Clinical Studies Society
Diplomate – National Board of Chiropractic Examiners
Passed SPECIAL PURPOSES EXAM for Chiropractic, 2002

Professional Membership:

Iowa Chiropractic Society
Gonstead Methodology Inc.
Gonstead Advanced Technique
Gonstead Clinical Studies Society

Professional Positions Held:

Political Action Committee, Iowa Chiropractic Society, 1994-1996; 2002-2004
Board of Directors, Iowa Chiropractic Society, 1993-1996
Treasurer of Gonstead Advanced Technique 1990-1993
Chairman of Grass Roots Committee for ICS 2005-2007
Chairman of the CS Gonstead Foundation 2005
Past President of GCSS
Board of Directors C.S. Gonstead Foundation 2022-present

Community Memberships, past and present:

Ames Jaycees
Kiwanis Club
Ames Evening Lions – Past President 1998
Model Railroading Club
Gilbert Education Foundation 1997-2003, President 1999-2001 & 2003
Ames Morning Rotary Club

Ames, Chamber of Commerce
Boone County Economic Development 2013-2018 President 2018
Ogden Legacy Housing Committee

Ogden Alumni Association Fundraiser Chair
Ogden Lions Club – President 2015-2016
Ogden Legacy Board of Advisors Member

Awards:

Chiropractor of the Year – 1985, Gonstead Advanced Technique
Silver Hawk Award – 1987 Gonstead Research
State of Iowa, Governor’s Volunteer Award, October 26, 2000 for work with Gilbert HS
Education Foundation
Palmer College of Chiropractic Award, in recognition of his outstanding participation in
the Alumni Student Recruitment Program of Palmer College of Chiropractic, August
10th, 2000.
2001 – Recipient of the On Purpose Award, sponsored by Chiropractic Leadership
Alliance.
2007- Chiropractic Distinguished Quality Service Honor 5 Star Award from Integrity
Management
Ogden Representative to Boone County Economic Growth Corporation 2012-2018
President of Boone County Economic Growth Corporation 2018
Gonstead Clinic Studies Society- Achieved fellow status 2019
Gonstead Methodology Institute Lifetime Achievement award 2017
Gonstead Clinical Studies Society C.S Gonstead Lifetime Achievement award 2021

Dr. Elbert has lectured at:

Life Chiropractic College West, San Lorenzo, CA
Northwestern Chiropractic College, Bloomington, MN
New York Chiropractic College, Seneca, NY
Iowa Chiropractic Society convention
Japanese Chiropractic Research Association, Osaka, and Tokyo, Japan.
Sherman Chiropractic College, SC
Gonstead Clinical Studies Society
Gonstead Methodology, Inc
Gonstead Advanced Technique
Life College of Chiropractic, Atlanta, GA
Gonstead Clinic, Mt. Horeb, WI
Palmer College of Chiropractic, Port Orange, Florida
Logan Chiropractic College, St. Louis, MO
Gonstead Methodology Seminar, Switzerland 2010, 2019, 2023
GCSS Seminar, Holland
Anglo American Chiropractic College; Bermouth, England
Cornerstone Chiropractic Clinic, Oahu, Hawaii 2022
Barcelona College of Chiropractic, 2023

Published Works:

“Pediatric Chiropractic” by Anrig and Plaucher, 1998, contributing author
Gonstead Clinical Studies Society, contributing author of several articles
Developed “How to Lift Properly” for Crouse Cartage Company, (slide presentation)
Patented a “Back Support Truck Seat”, 1978
Journal of Manipulative and Physiological Therapeutics, Volume 27, Number 3, March-April 2004
Journal of Manipulative and Physiological Therapeutics, Volume 27, Number 5, June 2004
Numerous articles published in the Gonstead Clinical Studies Society G Note 2021
Gonstead Xray Analysis and Clinical Case Management Improving Spinal Curves, November 2023

Post Graduate Education:

Erhardt Advanced X-ray seminars
Dr. Larry Allen’s Pre-employment Screening program
National Chiropractic College Sports Injury Program

Parker Chiropractic Research Society seminars
Gonstead Research Society Seminars
Gonstead Methodology Seminars
Gonstead Seminars of Chiropractic
Whiplash, The Masters Program by Spine Research Institute of San Diego
Waiting List Practice Seminars
Post Graduate continuing education seminars, yearly
Certified Red Cross instructor for “Protect Your Back” program

Past and Present Professional Membership:

International Chiropractic Association
Colorado Chiropractic Association
Iowa Chiropractic Society
Gonstead Methodology seminars
Gonstead Seminars of Chiropractic
Whiplash, the Masters Program by Spine Research Institute of San Diego
Waiting List Practice seminars
Gonstead Clinical Studies Society
The Masters Circle
Kats/Integrity Management
Rocky Mountain Elk Foundation Iowa State Chair 2007-2013